



# Heartland Community Schools

## August 2025



All grains are whole grain rich.

Fresh fruit and vegetable bar offered daily with lunch.

A variety of fruit and juice is offered daily with breakfast.

A variety of low-fat and fat-free milk is offered daily with breakfast and lunch.

Menu is subject to change without notice.

All beef is donated and locally raised.



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4	5	6	7	8
11	12	13	14 First day of School  NO Breakfast NO Lunch	15 <u>Cinnamon Breadstick</u> Chicken Nuggets Mashed Potatoes Gravy Dinner Roll
18 <u>Apple Frudel</u> Tacos Long John Corn 	19 <u>Egg &amp; Cheese Biscuit</u> Grilled Hotdog Baked Beans Steamed Broccoli	20 <u>Strawberry Bagel</u> Chicken Fried Steak Mashed Potatoes Gravy Dinner Roll	21 <u>Chocolate Chip French Toast</u> Deli Sandwich Chips Cookie	22 <u>Tornado</u> Chicken Alfredo Steamed Broccoli Dinner Roll
25 <u>Egg Bites</u> Max Cheese Sticks Marinara Sauce Peas Pudding	26 <u>Waffles</u> French Toast Sticks Egg & Sausage Patty 100% Juice Tri Tater	27 <u>Breakfast Pizza</u> Burrito Bowl (Rice, pulled pork) Seasoned Black Beans Corn Muffin	28 <u>Pancake Wrap</u> Spaghetti Garlic Bread Green Beans 	29 <u>Sausage &amp; Biscuit</u> Chicken Patty Sandwich French Fries Steamed Peas

Heartland Community Schools is an equal opportunity provider.